



Retreat Schedule Overview

International schedule based on Pacific Standard Time (PST); *Subject to change*

The retreat will include sessions with Swami Amritaswarupananda Puri and other disciples of Amma.

Sessions will include: Archana (1,000 names of the Divine Mother), Amrita Yoga, meditation, Q&A with Swamiji, satsang (spiritual talks), bhajans (devotional singing) interactive discussions an auspicious Homa, a sacred fire ceremony, and more!

You are invited to join all the sessions live. The international schedule is based on Pacific Standard Time, you can convert to your own time using the link provided. If you don't want to watch the entire retreat live, you can follow a suggested schedule for your time zone provided on the event site.

Day 1: Friday, Nov 26 - [Convert to your time](#)

Session 1	
3:00 PM PST - 5:30 PM PST	
Session 2	
6PM PST	Swami Amritaswarupananda Puri live session - Satsang & Bhajans
8PM PST	End of day 1

Day 2: Saturday, Nov 27

Session 1	
8 AM PST - 10:30 AM PST	Swami Amritaswarupananda Puri live session - Satsang Discussion & The Irresistible Attraction of Divinity
Session 2	
11:00 AM PST - 1:00 PM PST	



Session 3 - Break / Watch on demand content

1:00 PM PST - 6:00 PM PST

Session 4

6PM PST- 8:30 PM
PST

Swami Amritaswarupananda Puri live session - Exit Policy + Bhajans

8:00 PM PST

End of day 2

Day 3: Sunday, Nov 28

Session 1

8:00 AM PST-
Approx. 10:30 AM
PST

Amma will join the retreat on Sunday, 11/28 between 8am and 9am
PST ([convert to your time.](#))

10:30 AM PST - End of retreat